

LA VIE COLLEGIENNE

LEBANON VALLEY COLLEGE'S STUDENT RUN NEWSPAPER SINCE 1924

VOLUME 96, NO. 2 | OCTOBER 31, 2024

2024 Flying Dutchmen Ale unveiled

SARAH KRAMER '25
STAFF WRITER

LVC students helped brew the 2024 Flying Dutchmen Ale.

In preparation for LVC's homecoming weekend, the Brew Crew, which consists of biology, chemistry and molecular biology students, partnered with Snitz Creek Brewery to come up with a recipe for this year's Flying Dutchmen Ale.

The Brew Crew met with professionals from Snitz Creek Brewery to figure out which grains and additives would be going into the recipe for this year. They started the fermentation process, monitored the temperature and then added in the hops before leaving the mixture to brew.



Photo from: LVC Facebook

ABOVE: Students celebrate the 2024 Flying Dutchmen Ale for homecoming weekend.

During the brewing process, they filtered the mixture and used temperature gauges and probes to determine if everything was boiling at stable temperatures. Any food and drink that is prepared improperly can cause people to become ill,

so Snitz Creek Brewery staff helped monitor temperatures, textures, duration and machine quality when the Brew Crew was back at LVC's campus.

Throughout this experience, LVC students were able to use material

that they learned in the classroom during their time making the Flying Dutchmen Ale.

"Lab techniques that I gained through the labs at LVC were more applicable than I ever imagined, especially with something as simple as brewing beer," Jackie Martin, a senior chemistry and physics double major, said. "The behind-the-scenes look at what truly occurs when an ale is brewed allowed me to recognize how much chemistry goes into the production of food and drinks."

Alumni, parents and students 21 years and older were able to enjoy the Flying Dutchmen Ale during the homecoming football game. The ale will also be available for purchase at Snitz Creek Brewery locations.

Pride of The Valley Marching Band 2024 show

TAVI STALLINGS '27
STAFF WRITER

For its 2024 show, the Pride of the Valley Marching Band debuts a phenomenal performance of "Broken and Rebuilt."

The band debuted "Broken and Rebuilt" last month at Lebanon Valley's football game against Stevenson University. "Broken and Rebuilt" includes music from Igor Stravinsky's "The Firebird Suite," along with segments from "Symphony of Destruction" by Megadeth, "Down in a Hole" by Alice in Chains and "Looks That Kill" by Mötley Crüe to represent the theme of being broken down and eventually rebuilt.

The band's renowned director, Dr. Christopher Heffner, took inspiration for this year's show from various students who've expressed their love for Stravinsky's "Firebird Suite," along

with their interest in putting it in a show.

"What I tried to do is listen to some of the different movements of "The Firebird Suite", and I tried to find complimentary rock tunes that I think could mix well with it," Heffner said.

The opener of this year's show contains segments from Megadeth, "Symphony of Destruction," featuring senior Mackenzie Koller with a choreographed guard solo.

"That's something I would never think a marching band would try to pull off," Heffner said. "I think that 'Symphony of Destruction' hits pretty hard, like the opener. It's got, I think, one of our hardest-hitting movements musically."

The ballad features one of Alice in Chains' biggest hits, "Down in a Hole." With seniors Emilie Whitewolf

on trumpet and Addy Ruth on mellophone.

"I've always liked Alice in Chains. It's one of my favorite groups out of the Grunge era," Heffner said. "When the band makes that kind of pyramid formation, and the guard is nicely framed in the center, and we hit that big 'Down in a Hole,' all the color comes out. That's probably my top moment in the show. It's the moment after our first performance that I got the most comments about."

Lastly, the energetic closer features segments from "Looks That Kill," with an opening solo from senior Addy Ruth on mellophone.

"Mötley Crüe's kind of like they're rock, but they kind of hit that hair band a little bit," Heffner said. "'Looks That Kill,' the kill title, going along with all of the downward

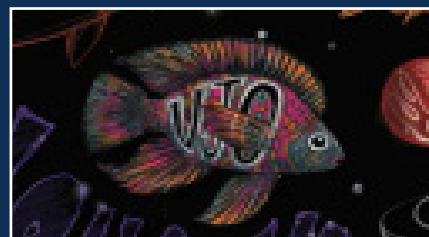
motion of the rock tunes with the upward motion of the rebirth of the firebird."

Heffner also shared the events he is most looking forward to this season, including Twirler Day and Senior Day, particularly the exhibitions the bands perform at.

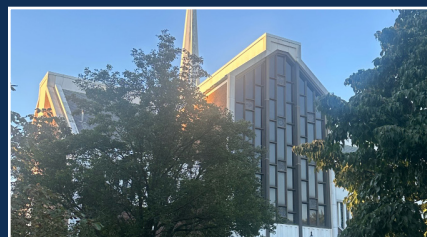
"The students are screaming, and the band parents at the exhibition are applauding everybody," Heffner said. "The college band is filled with people from all schools, and we have students that didn't go to any Lebanon County schools, like it's just a really supportive environment where everybody's happy to see everybody."

The band performed during halftime at every LVC home football game this season, in addition to two exhibitions in October.

INSIDE THIS ISSUE OF LA VIE



VALLEY JAZZ ORCHESTRA
PAGE 2



LVC DISCIPLEMAKERS
PAGE 2



CLINICAL EXPERIENCE
PAGE 3



DAY OF GIVING
PAGE 3

Fight hunger with Cocoa Packs

MARINA BILTCLIFF '26

STAFF WRITER

Located in Hershey, Cocoa Packs is a dedicated nonprofit whose main goal is to combat childhood hunger and destigmatize receiving supplemental services. The organization was founded in 2015 and has grown exponentially in its first nine years.

Cocoa Packs began as a food rescue service, where local retailers would donate extra food to ensure it was not going to waste. Over time, the organization grew tremendously and gained additional sponsors. This past year, it has

saved more than \$786,000 worth of food.

During the pandemic, more than 35,000 USDA food boxes were distributed around the country. Individuals from various states and locations would drive to Hershey to take back boxes to donate throughout their own local communities.

"The more we rescue, the more children we can help," Christine Drexler, the founder and CEO of Cocoa Packs, said. "We started with 92 children, and there are just over 1,500 now."

One of the newest and most impactful donors is Trader Joe's. Trader Joe's donates meats and other produce items. Additional donors include Hershey Entertainment & Resorts, Panera and Giant Food Store.

In addition to providing food packs to families, Cocoa Packs has a thriving clothing closet. In the closet, parents and children can refresh their wardrobe for no cost. The closet runs similarly to a shopping mall. Families can pick out various pieces based on the upcoming season and stock up

on essentials, such as socks and underwear.

"We are breaking the stigma down," Drexler said. "That's what a community looks like. We take care of our own."

Those who want to volunteer with Cocoa Packs can visit its website at cocoapacks.org. Additionally, the nonprofit hosts an annual Christmas celebration, which requires community help. Those interested in helping can either contact Cocoa Packs directly or can become involved through LVC by contacting Emma Cartwright at cartwig@lvc.edu.

Valley Jazz Orchestra releases album

LOGAN POLAK '25

STAFF WRITER

Over the course of the past few years, the Valley Jazz Orchestra, or VJO for short, has stayed consistent in its size and quality of membership, constantly challenging itself with advanced repertoire and frequent performances. With that said, the biggest project of VJO members' musical careers was brewing as merely a thought amongst the co-directors.

"We were trying to think of other things that we could do to help push the band and tackle professional types of activities," Dr. Jeff Lovell, co-director of the Valley Jazz Orchestra, said. "One of the things we felt early on that we'd like to do was to take the band into the studio."

Since Lovell and Morell took over the band after a lengthy tenure from the legendary Professor Tom Strohman, the VJO has had the opportunity to play with renowned jazz musicians such as Strohman, Jihye Lee, Josh Deutsch and even Grammy-award-winning artist John Daversa.

Daversa's involvement on campus last year was incredibly influential to the music department, when he gave individual advice to musicians whenever he could and offered lessons during his residency week in May 2023. His most recent involvement included a featured solo in the album track titled "Seventy-Three Falling."

"It felt warm and welcoming to be invited into the family," John

Daversa, chair of the Frost School of Music, said. "I feel like I'm an honorary member of the LVC community."

Even with star-power guests such as Professor Strohman, Josh Deutsch and John Daversa giving the album instant credibility, there were still plenty of challenges to face. Leading up to the final few weeks of the semester, there was doubt as to whether or not the band could logistically record any of the pieces due to the band not fitting in any one studio.

Fortunately, this project was tackled head-on by senior, Adam Young, who took it upon himself to solve many of the issues faced in the recording process as the sound engineer. Young and his sound crew, of senior Trent Coulon, senior Jacob Pegher and junior Zach Krouse, devised a plan to use three separate studios and connect their inputs into one control room, essentially taking up most of the Blair Music Center's second floor.

"Logistically, it was a challenge

making sure we could have all of these studios for two entire days as well as the majority of equipment," Adam Young, senior audio music production major, said. "Overall, the experience tested my patience and ability to maneuver on a dime when something possibly went wrong."

While the compositions themselves were elaborate and intricate for the performers, the complexity of the recording process could not be understated. Without the work of Young's crew, there would have been no album to record, let alone listen to.

The project was ultimately recorded over the weekend before finals in May 2024, with each guest artist recording their part over the summer. Recently, selections from the album were performed in conjunction with the 50th anniversary of Blair Music Center.

"I think everybody really stepped it up, and I feel very comfortable sharing this album with the public and saying that this is my music, this is who played it and this is what it sounds like," Morell said.

"Vicious Fishes" is now available on all streaming platforms and can be purchased on vinyl for \$15 by emailing Morell or Lovell. VJO's next performance will be held on Tuesday, Dec. 3, at 7:30 p.m. in Leedy Theater.

LVC to expand parking options with Annville Township

HANNAH KOHR '25

STAFF WRITER

LVC students could soon have more parking options thanks to a new agreement between Annville Township and the College.

At a recent township meeting, officials approved the lease of 30 parking spaces located by the Annville Town Hall. The official agreement is still being drafted.

The spaces, located in a lot on West Church Street, are expected to help with the parking overflow on campus and provide closer access to downtown Annville.

The lot is less than a 10-minute walk from campus, making it a convenient option for those who struggle to find parking. Given the frequent parking concerns voiced by students, this additional space could offer some much-needed relief.

It remains unclear how LVC will classify or allocate these spaces, but the college is expected to release details soon about how the parking will be managed.

Beyond easing parking frustrations, this partnership with the township could also encourage students to engage more with downtown Annville's shops, restaurants and services.

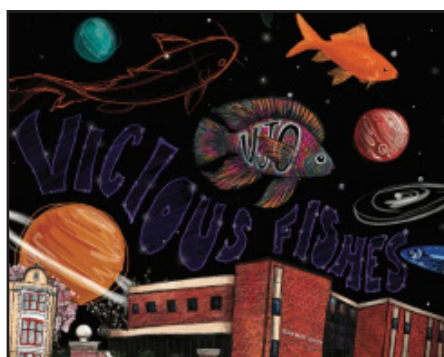


Photo by: Logan Polak

ABOVE: Album cover for the Valley Jazz Orchestra's new album.

LVC DiscipleMakers spread faith throughout campus

ABIGAIL ADAMS '25
STAFF WRITER

LVC's DiscipleMakers club is in full swing this semester with many events that are open to all students.

Finding where one belongs and feels comfortable at college can be hard. Students are faced with the challenge of creating friendships and a community that supports their interests and goals. For an individual looking to build this community around their faith and love for Jesus, DiscipleMakers is the place to be.

"The club's main purposes are for students to know Jesus and have a relationship with him and to be in a fellowship with students to build a community," Jessica Dudok, a member of the leadership and executive team, said.

Through many events throughout the semester, DiscipleMakers has formed an extensive list of activities that are available for students to participate in throughout the semester.



Photo by: Abby Adams
ABOVE: LVC DiscipleMakers expand to more members with the new semester.

"Our main event is large group on Thursdays," Dudok said. "Students sing songs of worship, hear a student testimony about how Jesus has changed their life, hear a message from the Bible through a staff member of DiscipleMakers and discuss the message in small groups."

By creating the dual interaction of large and small groups, DiscipleMakers is a great way to get to know people.

"I first went to DiscipleMakers a few weeks ago and I immediately felt welcomed by everyone there," Allyson Babinsky, a junior exercise science major, said. "I think DiscipleMakers offers a community for people to engage in and interact with those who follow the words of God. You never feel out of place but rather encouraged to be the best possible version of yourself."

Students looking to attend the next DiscipleMakers large group can join the club every Thursday at 7 p.m. in the Miller Chapel lobby. Other events such as men's Bible study, women's Bible study and multiple other Bible studies are posted on the club's Instagram @lvcdm.

Phi Sigma Iota: The unknown fraternity

MACHAI FIGUEROA '26
STAFF WRITER

Members of Phi Sigma Iota (PSI), the fraternity for language majors and minors, want more students to know of its existence.

PSI is an international foreign language honor society for students majoring or minoring in a foreign language. The benefit of such efforts shows itself in scholarship opportunities, networking and recognition of achievement.

This semester, PSI has begun searching for ways to become more known on campus by reaching out to the Asian Culture Club (ACC) and the Latin Hispanic Alliance (LHA) in hopes of planning collaborative events.

"With the ideas I've been given by previous leadership, I've been able to work with the vice president to brainstorm more ideas into how

people can get more involved and want to work towards admittance into PSI," Victoria Fredericksen, president of PSI and an English major, said.

Though the ideas have helped Fredericksen, she has had to learn a lot without training from the previous leaders. Even now, the fraternity has only a president and vice president on the executive board.

One of the biggest benefits of PSI is the networks and connections that it opens up, along with being able to place it on one's resume and meet fellow language majors and minors.

PSI is now looking to host an event close to the end of the semester showcasing different cultures from all across the world. Contact Victoria Fredericksen at vrf001@lvc.edu to learn more about PSI.

Clinical experience: A student's perspective

SARAH KRAMER '25
STAFF WRITER

Senior speech-language pathology students give insight into their clinical experience.

LVC's speech-language pathology (SLP) program is set up as a three plus two program, which means students start their graduate school journey during their fourth year. Students meet with their clinical advisor to find out who their clients will be as well as the appropriate course of action to take during therapy sessions.

"I'm excited to work with my professors who have real-world experience and learn from them to grow as a student clinician," Jenna Gest, a senior speech-language pathology major, said.

During the fall semester, each student has one or two clients with a certain diagnosis, and then they are assigned two new clients during the spring semester. The people who come to LVC to receive therapy have varying diagnoses and typically need help with articulation, feeding, swallowing and social skills.

Clients can vary in age from pediatrics to geriatrics, so the SLP students learn how to work with varying age groups.

"I'm looking forward to building

a relationship with people from the local community who come to LVC for our free services," Emily Horn, a senior speech-language pathology major, said. "It not only helps us get applicable experience, but also aids our clients in learning how to interact and communicate with the outside world."

This experience will help the SLP students navigate their clinical fellowship and give them real-world experience to build a fulfilling career after graduation.



Photo by: Jenna Angstadt

ABOVE: Speech-language pathology students speak on their clinical experience.

**SOMETHING
ROTTEN!**

IN THE LOBBY OF MILLER CHAPEL

Thursday, Oct. 24 at 7 p.m.
Friday, Nov. 1 at 7 a.m.
Saturday, Nov. 2 at 7 p.m.
Sunday, Nov. 3 at 2 p.m.

GET TICKETS

Reading role models

WILL RYAN '26
STAFF WRITER

The Dutchmen football team does more than win football games on Saturday afternoons.

Several team members have been traveling to Henry Houck Elementary School in Lebanon, PA, to give back to their community.

The Dutchmen football players take time out of their busy schedules to show appreciation to the younger generation. On some Thursday

afternoons, some players help read to students with special needs.

"This is a great opportunity to give back to the local community and make someone's day," Ryan Fink, a junior cornerback, said. "Honestly, hanging out with these students brightens up my day. They are so happy and welcoming. They love when we come and read to them."

The players plan to continue reading to the kids. Reading appears to make the days of both the players and the students.



Photo by: Liz Waltersdorff

ABOVE: The Dutchmen football team volunteers at local school.

LVC explores potential men's volleyball club team

TYLER SINGER '25
STAFF WRITER

LVC may be considering the startup of a men's volleyball club team.

In past years, volleyball club members have expressed an interest in playing against other schools like the sports teams do. Currently, LVC only has a women's volleyball team, but there isn't anything for more casual players interested in playing other schools.

It isn't uncommon for institutions to have competitive and club teams, so volleyball club board members brought the idea to the current women's volleyball coach, Scott Reynolds.

In September, a message was sent to the volleyball club's GroupMe looking for interest in a men's volleyball club team. Reynolds would advise the team, and they would hold normal practices.

"We hope this will serve as a stepping stone towards an LVC men's volleyball team that would participate in the MAC conference," Ethan Pietrak, the president of the volleyball club, said.

For more information or if a student is interested in participating, email Pietrak at ep006@lvc.edu.

Needed: Athletic event staff

LINDSAY SNYDER '25
STAFF WRITER

If students are looking for a campus job and love watching athletic games, they should consider becoming part of the athletic event staff who run the games.

The event staff work at sporting events to provide music, operate the score board, sell tickets, count penalties and so much more that varies depending on the athletic game.

Rebecca Dierkes, a junior business administration major, has been one of the friendly faces working athletic events for eight months.

"Working in the athletic department allows my passion for various sports to grow as well as my interest in management which is needed for the game to run smoothly," Dierkes said.

The athletic department is always looking for new faces to join its team. Anyone interested or who has questions should email Rebecca Dierkes at rd011@lvc.edu.

LVC Day of Giving

MOLLY WHISLER '26
STAFF WRITER

LVC will have its 13th annual Day of Giving on Thursday, Oct. 31.

Day of Giving is a 24-hour fundraiser for LVC. This is a day where family, friends and alumni can donate money to lots of different departments at LVC. Donors have the choice to either donate once or match a donation as it comes in for the organization.

There are many ways to help on LVC's Day of Giving. No matter the size, one's donation will immediately impact LVC students.

Use #LVCTimeIsNow to spread



Photo from: LVC Athletics

ABOVE: LVC sports teams look forward to the annual Day of Giving

the word to encourage friends and family to join the cause. LVC's athletic department relies on this day to provide experiences and resources for athletes.

One of the teams that are participating is women's lacrosse. The team has set a goal for this year –75 donors and to raise \$5,000. This day is important to the team's program and benefits the student-athlete experience.

"This is a huge fundraiser for us because it really shows the support that our team has and allows us to have new opportunities for new equipment such as a rebounder that will help us grow as a team," Elizabeth Morgan, a junior attacker, said.

The Day of Giving is much more than just a fundraising event. It allows LVC to celebrate the community and commemorate the inspiring stories that have resonated over the years.

Donations can be made through the LVC website and are available until 11:59 p.m. on Thursday, Oct. 31.

Keep up with all things

LA VIE!

lavieneews.com



@LaVie_LVC



@LVCLaVie



@LVCLaVie1