

# LA VIE COLLEGIENNE

LEBANON VALLEY COLLEGE'S STUDENT RUN NEWSPAPER SINCE 1924

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## Congratulations to the Class of 2023!

Congratulations Class of 2023! I join all of our faculty, staff and administration in offering our sincerest congratulations to you, your families and your friends as you prepare to graduate from Lebanon Valley College. We are excited to celebrate this milestone with you, knowing that you are ready to take on the excitement, challenges and opportunities that await you after commencement. Whether it is starting your career or going on to graduate or professional school, I wish you the very best and every success. I am confident that the education you received at Lebanon Valley College has prepared you well for this transition and that you will succeed at all you put your minds to.

I'm sure as you reflect on your time at Lebanon Valley College, you will remember many successes and personal challenges overcome. These events have shaped and defined who you are. You have all come far on the journey that started the day you first stepped onto our beautiful campus.



Photo by: LVC Marketing & Communications

Please know that you have all made a lasting impact during your time at the Valley. Your contributions in classroom discussions, in research projects, in student organizations, in service to others and in athletics have enriched all of our lives.

I hope that you feel ready to take on the challenges of the next stage of your lives and that your education at one of the finest colleges in America has helped prepare you to be the

engaged citizens and leaders we need to bring people together to find solutions to the issues our country faces. You have shown kindness to others and offered assistance to those who are less fortunate. I urge you to be lifelong learners and to continue developing these habits of the heart and the mind.

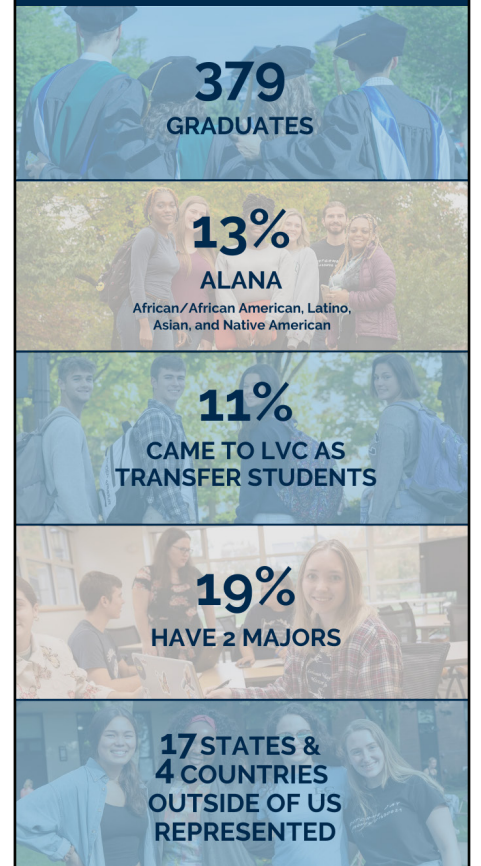
I trust that you will remember your time at Lebanon Valley College fondly and that the friendships and relationships established here will stay with you long after you graduate. As our newest alumni, I invite you to come back and visit us often. Let us know all about your future successes of which I am sure there will be many. Please know that you are always welcome at LVC. I wish you every future success and happiness. Go Valley!

Best wishes,

*J. M. MacLaren*

President James MacLaren

## CLASS OF 2023 PROFILE



## From hardwood to grad school

JEVON GRIFFIN '24  
STAFF WRITER

Daelyn Stabler, a senior biology major, as well as captain of the women's basketball team, is destined for greatness.

Stabler has a planned path and everything she wants to accomplish will be right at her fingertips as she graduates this spring.

"I had a wonderful experience at LVC," Stabler said. "I am very thankful

for the support that I have received from my professors, coaches and friends over the past four years."

Stabler has made a name for herself on campus by being on the basketball team, joining several clubs and even being a first-year mentor.

"I have loved the opportunity to be involved in multiple areas of campus," Stabler said. "It developed me as a person and I learned so many life skills that I'll have forever."

After she graduates this spring,

Stabler has a lot on her plate.

"I will be attending The University of Pennsylvania to pursue a career as an exotic veterinarian, working in a zoo and contributing to animal conservation," she said.

Her time at LVC was well spent but not easy. Stabler had a few words to say about some of her favorite memories.

"Some of my favorite memories from LVC include my internship at ZooAmerica, the virtual service trip

to Brazil with other LVC students and Jen Liedtka and the time I spent with my basketball team laughing and playing extremely competitive Uno," she said.

There was someone specific Stabler wanted to recognize for being influential during her time at LVC.

"Dr. Sayers was one of my favorite professors," Stabler said. "He is

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## Helping others in Lebanon county

CHARLOTTE DUFFIELD '24  
STAFF WRITER

The future is bright for one English and social justice double major.

Julia Wecker is finishing up her degrees but is already planning her future with Sexual Assault Resource and Counseling Center of Lebanon County (SARCC).

SARCC is a 24-hour support service for survivors of sexual abuse. Julia will begin her career as a full-time counselor for the organization where she will provide free and confidential services and resources for anybody who has experienced sexual violence.

"I am grateful for the faculty and professors who have helped me find my voice and given me direction," Wecker said.

She is excited about what her future has in store and has expressed her gratitude for the faculty and staff who helped her during her journey at LVC, with special thanks to Dr. Cathy Romagnolo, professor of English and director of program in social justice and civic engagement.

Wecker said the support she has been given by the English department has left her feeling confident about starting a full-time counselor position.

## Ariana Genna looks ahead to a bright future

PAIGE DALTO '24  
STAFF WRITER

Ariana Genna, a double major in political science and social justice and civic engagement, is in the final week of her senior year.

Genna entered LVC as a political science major and decided to add social justice in the spring of her first year. She will additionally graduate with two minors: UK common law and law and society.

Genna currently works as an intern for the Harrisburg Capitol as part of the House Legislative Fellows Program. There, she works for a state representative and is presently working on creating more affordable housing options. Working with this program additionally allows her to draft her own piece of legislation on a topic of her choice.

Although Genna's current internship deals with local government, her passion and interests lie with climate migration; the displacement of people due to climate-induced events.

"What has contributed the most to my professional interests thus far is the internship experience I have had," Genna stated. "I have worked a lot of interesting internships that have allowed me to meet a lot of great people in my field."

As for life after graduation, Genna plans to take a gap year to study for law school admission testing. If accepted, she plans to serve as a community development volunteer with the Peace Corps in Kosovo during this time.

If unable to serve in the Peace Corps,

she intends to continue working at the Harrisburg Capitol to develop her experience.

"I was initially worried because local government is not my field of study or interest, but I have grown to love the work I am doing because I know it is helping people," she said.

Genna had also applied to be an English teaching assistant in Bulgaria through the Fulbright Program. After a lengthy process of essay writing and waiting, she was chosen as an alternate for the opportunity. This means that if someone drops out of the program or the commission receives additional funding, she may be called to serve in Bulgaria.

Additionally, Genna plans to attend graduate school after her gap year.

Genna looks forward to pursuing her passions in climate migration and providing resources to refugees. No matter where her future takes her, she is sure to enact positive change with her dedication to others.



Photo by: Ariana Genna  
ABOVE: Ariana Genna sits on the House floor in the PA state capitol.

## Transitioning to a different classroom

MEREDITH HAAS '24  
EDITOR

From student to teacher: that's the transition an LVC student hopes to make following graduation.

Since the age of 5, Hannah Ferguson knew she wanted to be a teacher, making the decision to be a dual elementary and special education major all too easy. Her opinion—kids are often lost and need an adult to help guide them.

"I want to be an educator because I think children need that extra love and a kind of healthy role model in their life," Ferguson said. "I felt that I could be that. I want to help students grow, emotionally and socially."

Ferguson chose LVC because of the small-town atmosphere, pointing out how family-oriented and community-driven the campus seems. As a senior, she feels confident that LVC was exactly where she needed to be.

She credits the fact that LVC has students in the classroom so early. In four short years, Ferguson had six different placements—all of them varying in classroom types and age groups—that gave her experience she knows will benefit her in the future.

Following graduation, Hannah hopes to pursue her long-time aspiration of becoming a kindergarten or first grade teacher, with her preference being able to stay near her hometown.

"To start, I plan to live at home, and hopefully get a job in the York area," Ferguson said. "At the same time, I'll just be living life and seeing where it takes me."

After getting a few years of teaching under her belt, she intends to come back to LVC to get her master's degree.

While the education department has given her important professional experiences, the extracurriculars have given her some of the best memories from her time here.

"We do Children's Day through SPSEA, which is where kids come to campus and go through a ton of hands-on activities that tackle different subject areas," she said. "That was a lot of fun."

With plenty of positive memories to share, Ferguson also shared the negatives that were brought about as a result of the COVID-19 pandemic.

"I felt very antisocial when I came back from being sent home," she shared. "I felt like a whole year was ripped away from me."

Shorted of the social aspects of



Photo by: godutchmen.com  
ABOVE: Ferguson excels on the field and in the classroom.

college, Ferguson was sure to point out that she didn't feel her education experience was necessarily affected.

"Getting to do a semester with an online school was very useful because technology is such a big part of our lives and is only growing in the future," she said.

While her academic experience wasn't spoiled, her athletics experience continues to be a sore subject. Ferguson was a key member of the women's soccer team, serving as a starter for all three years—what likely would have been four, had the 2020-2021 athletic season not been canceled.

"I have unfinished business," she said. "I can't accept that everything is just over."

Ferguson still had plenty of time to leave her mark on LVC women's soccer and make meaningful relationships.

"I feel like I had automatic best friends coming here freshman year," she said. "It helped me become more independent and outgoing. I love it."

Having the support of her teammates, Ferguson grew as both a person and a player. Senior year, her coaches and teammates nominated her as team MVP for the 2022 season.

"I was always put in the 'mom' role and because of my bubbly personality I became the goofy friend. I was friends with a bunch of different people on my team. That showed on and off the field because we all truly cared for each other."

Several years from now, Ferguson looks forward to standing in the front of a classroom and helping her students. With as many people as she has impacted on the LVC campus, it's no doubt that Hannah will have a positive impact on the students who cross her path.



*Hardwood to grad school  
continued from page 1*

extremely knowledgeable, and I learned so much new information about the major religions of the world that helped me to have a better understanding of the different perspectives of people around me.”

Stabler also wanted to recognize all of her biology professors for their constant support and guidance as she obtained internships and explored career paths.

With a 4.0 GPA, Stabler is an incredible person with endless opportunities on the horizon.

## Producing post-graduation

**CARTER KUCIER '23**  
STAFF WRITER

LVC has a strong audio and music production program, with many alumni going on to work for incredible companies and record labels, using their degrees full time in a large variety of positions all across the country.

Mark Jiannino, a senior audio and music production major, is aiming for a notable spot among those alumni.

During his last semester, Jiannino has been working on both his own personal music, as well as assisting in the production of the upcoming VALE EP for Tatiana Gonzales, the newly signed VALE artist.

After graduation, Jiannino has his sights set on making a name for himself as a music producer in Long Beach, California. He plans to stay with family, working closely with a relative who is also in the music industry running his own label.

“I look forward to this summer when I’ll be able to network and make a name for myself in Long Beach,” Jiannino said. “By networking and

taking side jobs, I can make enough impact in the industry to find a full-time job.”

Jiannino feels that both his long-time interest in music production, paired with skills he has honed during his time at LVC, will give him the edge he needs to break into the music industry. He notes that his interests stem beyond just music production, as he would be interested in video production, marketing and the general music industry as well.

“I’ve been working on music production since I was in eighth grade, and I feel that this skill is my most important asset,” Jiannino said. “I’ve been interested in video production, marketing and general music industry work since I’ve studied at LVC and worked with my cousin.”

As the current LVC seniors graduate, making their way into various jobs, Jiannino looks forward to focusing full time on his career and building success in a fast-paced industry, ready to tackle the unique challenges the music world and producer life has to throw at him.

## The journey continues for student-journalist

**DERRICK HORNBAKER '23**  
STAFF WRITER

Angelica Fraine is a name that should be familiar to anyone in the English or art programs at LVC.

She’s been a prominent figure within those communities for her entire stay here, as well as acting as a member of the Visioneers Club. Now, she looks to pursue her education even further in graduate school.

“I won’t lie, it’s been a little stressful to try and balance preparing my applications alongside the school work I’ve been doing,” Fraine said. “But I’m really passionate about journalism, so that’s been helping keep me motivated. It’s something I really want to do.”

Fraine explored options to pursue her journalistic goals, before deciding that Quinnipiac University’s Masters of Science in Journalism program best suited her aspirations.

“It’s a smaller program that functions a lot like LVC’s English department,” Fraine said. “I’m particularly interested in their arts and culture specialization, as that’s sort of my main thing here at LVC.”

The application process was grueling, but Fraine had been lucky enough to have support from her professors throughout the process to keep her sane. She cites Drs. Holly Wendt and MC Hyland along with



Photo by: Angelica Fraine

ABOVE: Fraine will start graduate school in August.

professor Jaime Fettrow-Alderfer as particularly invaluable resources.

“My time at LVC has been some of the best four years of my life,” Fraine said. “The English, creative writing, and creative arts departments do a stellar job of tapping into their students’ interest and creativity, which has allowed me the chance to explore many different career paths until I found the one that spoke to me the most.”

Fraine looks to pursue a career in investigative journalism after grad school.

## Matt Guarini: A true Visioneer

**ANNIE STEINFELT '24**  
EDITOR

Matt Guarini, a digital communications (DCOM) major with a concentration in design, has been using his digital design talents and passion for 3D printing to enhance his college experience since day one.

Upon touring LVC’s MakerSpace for the first time four years ago, Guarini was instantly drawn to the DCOM major, and has spent many hours in the MakerSpace ever since.

“I have always been super into digital design, video editing and product design,” he said. “You can’t exactly get a perfect sense of how a class will go at any college you tour, but getting to see the tools used in the MakerSpace was what sold me on LVC. Other colleges I visited had really limited communications majors in comparison to DCOM.”

Guarini claims that he was an awkward teenager with little

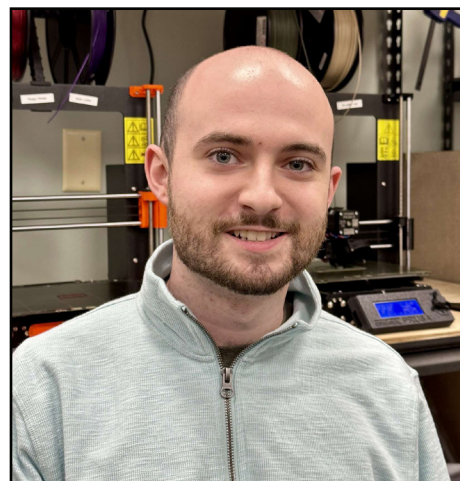


Photo by: Matt Guarini

ABOVE: Guarini found his passion in the MakerSpace at LVC.

direction as to what he wanted to do when he first came into college. It wasn’t until the end of his sophomore year when he was assigned to lead LVC’s Visioneers club—which explores different aspects of technology through projects and workshops—that his hopes to someday work

professionally in a MakerSpace were realized.

“I didn’t really want to be at the helm of a club because I didn’t think I could be a leader, but that changed once COVID restrictions cleared up and I started to hold regular meetings last year,” he said. “Being able to foster a relaxed, educational environment focusing on design became the thing I look forward to most every week.”

Alongside his dedication to Visioneers, Guarini is a board member for Freedom Rings, LVC’s LGBTQ club; is the house head of the on-campus LGBTQ house and works on the promotions team for the Design, Media & Technology department, where he helps generate content for the department social media and website.

He also interned at the Suzanne H. Arnold Art Gallery during his junior year, helping to set up exhibits, advertise them with flyers and

social media and even producing a documentary video for the gallery’s YouTube channel.

These extracurricular activities and job and internship opportunities have shown Guarini how the skills he learned in his major can apply in almost any business, as there is a need for communications in any field of work.

he hobbies and interests that have helped to shape his experience at LVC will not be diminished once he receives his degree. He plans to keep expanding his work and exploring new technologies in his spare time in the future.

“I already own two printers at home, and it is so enjoyable to tinker with them and watch my designs come to life from a spool of plastic filament,” Guarini said.

In the meantime, his post-graduation plan is still in progress as he hunts for design-oriented jobs.



## Three LVC Scholars Named Fulbrights



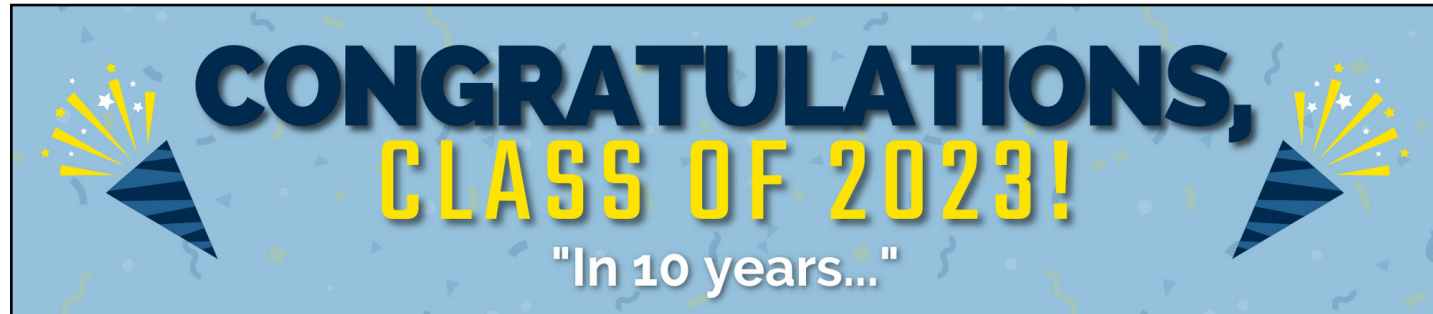
Photo by: LVC Marketing & Communications  
Maggie Kergick '19 will be an English teaching assistant in the Slovak Republic.



Photo by: LVC Marketing & Communications  
Trevor Hamilton '23 will be an English teaching assistant in the Republic of North Macedonia.



Photo by: Hannah Alvarnaz  
Hannah Alvarnaz '23 received the open study/research award to study in the Republic of Kosovo. She chose to pursue other opportunities.



**Tony Bennage** | *Economics*

... I'll be working with a baseball organization in their finance department.

**Julia Forsythe** | *Biology/Pre-Med*

... I hope to be practicing emergency medicine as a physician and settled down with a family somewhere down south where I grew up.

**Melissa Geary** | *Psychology*

... I'll emerge happily curious. And curiously happy. I have reason to believe these conditions are homogeneous.

**Anthony Giancatarino** | *Early Childhood & Special Education*

... I'll be teaching the future generation of students, while in pursuit of becoming a principal.

**Matt Guarini** | *Digital Communications*

... I see myself on a team working in a makerspace where we fabricate early prototypes for various solutions. My favorite technology is 3D printing, but there are also applications for laser cutting, engraving and CNC milling.

**Abbie Hoffer** | *English/Creative Writing*

... I will have reached a place where I can explore my passions within my career.

**Nicole Honrade** | *Physical Therapy*

... I'll be happy and loved, wherever life takes me.

**Derrick Hornbaker** | *Creative Writing*

... I will be working in Tabletop RPG development with a successful freelance and publication career.

**Mark Jiannino** | *Audio & Music Production*

... I will be living in a small apartment in Long Beach, CA, as a full-time music producer with my own private studio that I rent out. I'll be making money from beat sales, artist royalties and my studio hourly rate, and have enough time to enjoy my family.

**Danielle Judd** | *Speech-Language Pathology*

... I hope to be a successful speech-language pathologist, a wife and a mother.

**Carter Kucier** | *Audio & Music Production*

... I'll be doing production work full time, living a peaceful and stable life out west with my partner and working on visiting all of the National Parks in my free time.

**Samantha Lill** | *Physical Therapy*

... I will be working as an inpatient PT, living by the beach with my family and two dogs.

**Shelby Lister** | *Digital Communications*

... I do not know where I'm going to be, and neither does any other 22-year-old if they're being honest with themselves. All I know is I hope I'll have some sort of stable job where I'm happy with what I do on a daily basis. That and to be living on a planet that isn't slowly burning to a crisp.

**Jordan Millam** | *Business Administration*

... I hope to have a successful work life balance and be settled down with a family somewhere in the Midwest.

**Shelby Moyer** | *Creative Arts and Digital Communications*

... I hope to have a remote marketing job that allows me to travel. I really enjoy traveling and it's something I have always dreamed of.

**Natalie Osiecki** | *Physical Therapy*

... I'll be healthy, happy, successful and working at a job I really enjoy.

**Madison Poladian** | *Biology*

... I'll be happy in my job and owning my own home.

**Nico Santoro** | *Business Administration*

... I will be a little league coach.

## Everybody wants an English major

ANGELICA FRAINE '23  
STAFF WRITER

With the end of another academic year fast approaching, a new round of Dutchmen prepare to enter the workforce, and with the hands-on training LVC's arts and humanities programs provide, it's no surprise that Abbie Hoffer is among them.

Hoffer, a double major in English and creative writing, has earned a position as an assistant proposal writer for Gannett Fleming Inc.—an engineering consultant group in Cumberland County, PA—in their earth science department.

"Part of that division is work with invasive species and habitat repair," Hoffer said. "I really like environmental science and ecology,

so the fact that I get to do stuff in this division that might help endangered animals or preserve wetlands sounds really exciting to me."

After coming across the application, Hoffer decided to apply, and thanks to her previous experience in a similar area working for her mother's engineering company during the summers, she was able to stand out amongst the crowd.

Not only that, but Hoffer accredits much of her success to LVC's English and creative writing program and the skills she gained within the classroom as well.

"The professional development class we took was hugely beneficial in helping me interview well," Hoffer said. "LVC gave me that, as well as good written and email communication,

so I'm not checked off as a potential employee because of poor online communication skills."

Hoffer also notes that her editing class played a large role in providing her with the necessary knowledge for the ins and outs of reading, writing and revising documents.

"In my previous position, I would have to grammar check things or make sure that documents were written to the employer's specifications, so I feel like that was really, really helpful in helping me be a more precise person with [editing related fields]," Hoffer said.

Hoffer is excited to have obtained work that caters to one of her many fields of interest and looks forward to the places she'll continue to go.

## THE BREEN CENTER ALUMNI RESOURCES

The Breen Center works with alumni to refine, refocus and reinvent their career plans. As alumni, our goal is to assist you in moving your career forward.



## Mochi moves toward computational chemistry

ANGELICA FRAINE '23  
STAFF WRITER

With graduation here, it's an exciting time for current seniors to set their sights on new horizons, and for Bruno Mochi, the path onwards is clear.

Mochi, a senior chemistry major, will pursue a Ph.D. at Northeastern University to further his career path in the field of computational chemistry—chemistry that is done primarily with computers rather than hands-on lab work.

"One of my professors, Dr. Ghimire, mentioned it off hand because he knew I was interested in math," Mochi said. "And I said, okay this is kind of cool that people do chemistry, but on a computer."

During this past summer, Mochi participated in a research program at the University of Miami where he was given the opportunity to explore different areas of computational chemistry and fell in love with the process.

"I learned how to do one little snippet of it, and thought, this is so cool," Mochi said. "I know I could do this for the rest of my life and be happy."

From there, Mochi began to investigate what the next steps of his pursuit would be and decided to continue with higher education

into a Ph.D. program to fully hone his skills and understanding of computational chemistry.

"I'm really open to whatever life has in store for me after I get my Ph.D.," Mochi continued to elaborate on his career goals. "Whether it be working for a private company doing research and development, I'd be open to that, or be a government scientist, I'd also be open to that. That's where I see myself."

Mochi has high hopes for what the future entails and holds much excitement for what's to come.

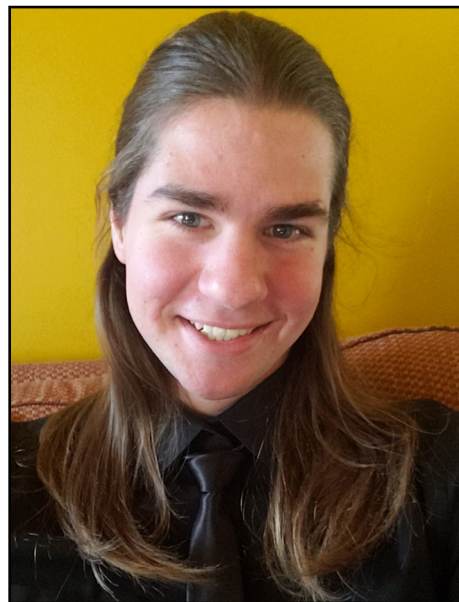


Photo by: Bruno Mochi

ABOVE: Bruno was also involved in several volunteer opportunities on campus over the course of his four years.

## Sticking to one's goal

ZACK KIME '23  
STAFF WRITER

A native of Turku, Finland, Alex Kiviniemi has made it a priority to not only excel on the lacrosse field, but also in the classroom and the community as well.

Kiviniemi entered his senior year on the men's lacrosse team as a former team captain and team Student-Athlete Advisory Committee (SAAC) representative, aiming to do everything he could in order to better his team.

When looking back on how he got to this point, Kiviniemi mentioned that those around him have been the most crucial tool in attaining and maintaining success.

"My parents, teammates, coaches, professors and friends have all been instrumental in my journey at LVC," Kiviniemi said. "It has been a struggle at times being away from

home, but thankfully I have a great support system who've helped me tremendously."

Kiviniemi is pursuing a master's degree in athletic training. He's been able to find a strong balance between athletics and academics, even being so far away from home.

"While it's been challenging to be so far away, I have been able to learn a lot being so independent," Kiviniemi said.

In his sophomore—and first non-COVID-shortened—season, Kiviniemi racked up a team-leading 20 goals. The next season, as a junior, he nearly doubled that total, once again leading the team with 37 goals.

This most recent achievement landed Kiviniemi on the All-MAC Commonwealth First Team, while his work in the classroom granted him

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## New music teacher

ALEXIS MCCARNEY '25  
STAFF WRITER

Alydia Marangoni will graduate with two bachelor's degrees, one in music education and one in music, as well as a flute concentration from LVC. She has been offered a position as a K-5 music teacher in an elementary school in Roanoke City Public Schools in Virginia.

Marangoni is involved in the National Association for Music Education (NAfME), National Society for Leadership and Success (NSLS) and the education honors society Kappa Delta Pi. LVC has been a great help in preparing her for the workforce.

"Each class I have taken has added something to my ability and skill set, making me an extremely employable person," Marangoni said. "Professors were always pushing me to be better and became my biggest mentors throughout this process."

The professors here have been an inspiration for her to do something meaningful with the content she has been taught.

Throughout her time at LVC preparing for a career, Marangoni has gained experience at a Central Dauphin Elementary school, instructing general music education. Recently, she transitioned to Elizabethtown Middle School to work with older students.

"The combination of these two placements has been perfect preparation for my future positions with Roanoke City," Marangoni said.

Although students are not allowed to participate in ensembles during student teaching, Marangoni was

involved in the LVC Symphonic Band, the Pride of The Valley Marching Band as the flute section leader, the LVC symphony orchestra as the principal flute player and the LVC Concert Choir as a section leader for the Alto 1s.

Among her many accomplishments, Marangoni was awarded departmental honors for her research in Aural Skills Pedagogy. That is the practice of teaching a listener/performer to perceive sound in meaningful patterns through listening and performing. She was also awarded the Presser Foundation Scholarship and has been acknowledged as the Presser Scholar this school year. It's a scholarship that awards students pursuing music education.

"I can confidently say that LVC is the reason I have had multiple job offers and already have a position secured this soon in the job search process."

Marangoni has worked very hard during her time at LVC and is seeing the benefits of her dedication.



Photo by: La Vie

ABOVE: Marangoni was awarded the Presser Foundation Scholarship.

## Major league experience

NATALIE SANTANGELO '23  
STAFF WRITER

An LVC athletic training major has been given the ultimate opportunity for his recent clinical rotation.

Dalton Holemo is spending his last clinical rotation before graduation in Florida with the Toronto Blue Jays.

Holemo has a true passion for baseball which makes this a great opportunity for him. His ideal career would be to become a certified athletic trainer for a major league baseball team.

When Holemo started his college search after high school graduation, he was drawn to LVC because of its successful athletic training program. Over the years, LVC faculty and students have been able to

make lasting connections that have provided all athletic training students with employment within one year of graduation.

Prior to joining the Blue Jays staff, Holemo has completed five clinical rotations in a variety of settings. He was part of the athletic training staff at Wilson High School, Penn Medicine, Penn State Health, Lebanon Valley College and Cedar Crest High School.

"My clinical rotations had the biggest impacts on me as a student," he said. "I was really able to mold myself as both a well-rounded athletic trainer and person through those experiences."

With these opportunities, Holemo

Major league  
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## Dutchmen athlete returns for another season

JULIA CRAIG '24  
STAFF WRITER

An LVC football player reflects on his time as a Dutchman, as well as his plans for the future.

Gabe Randall has been on the Dutchmen football team all four years at LVC. He's also graduating with a bachelor's degree in business administration. Before he ends his time at LVC, Randall plans on returning for an extra semester this fall to use his last year of eligibility for football.

"Since I will be returning for another season, some of my individual goals are to become closer with the other members of the team in a fashion that follows our late teammate, Ben Siegfried," Randall said. "Some of my team goals are to contend for a MAC championship or make it to another bowl game."

While these are some short-term goals, he also has some goals for down the road, as well. Randall plans on earning his MBA at Norfolk State University, where he hopes to get a job in management or marketing, as well as finding his own apartment.

After finishing four years here, he shares advice for younger or incoming students.

"Academically and athletically, do not be afraid to ask for help if you need it, and to take advantage of opportunities as they present themselves."

Randall has enjoyed his time at LVC, academically and athletically.



Photo by: godutchmen.com

ABOVE: Randall had 7 catches, for 102 yards in 2022.

## Dutchman athlete onto new experiences

JULIA CRAIG '24  
STAFF WRITER

Julia Forsythe will graduate from LVC this semester with a bachelor's degree in biology and a minor in psychology.

Her time at LVC has been worthwhile, as she has been a part of the Dutchmen softball team all four years here. Forsythe is also a part of the Student-Athlete Advisory Committee (SAAC), is a peer tutor and is in the honors societies for biology and psychology.

"My experience at LVC has been fulfilling academically and athletically," Forsythe said. "I am also thankful for my professors mentoring me throughout my time here."

Forsythe earned her emergency medical technician (EMT) credentials and will continue to work as an EMT after graduation. She additionally plans on taking the MCAT exam to get into medical school.

Forsythe's goal is to complete medical school at either Tulane University, Louisiana State University or University of Alabama Birmingham.



Photo by: godutchmen.com

ABOVE: Forsythe has seen playing time all four years.

## Four memorable years

CHARLOTTE DUFFIELD '24  
STAFF WRITER

Tate Murphy, an exercise science major with a minor in Spanish for applied health care, has excelled in her studies while also pursuing other extracurricular passions over her four years at LVC.

Tate Murphy, a senior from San Diego, will spend the next two years at LVC pursuing her doctorate degree in physical therapy.

Murphy's interest in anatomy and exercise led her to pursue a career in the health field, and after some guidance from a high school teacher, she decided to focus on physical therapy. Her studies at LVC have included hands-on classes and even a cadaver course, which she found to be an intense but amazing experience.

"It was incredible to physically see what we were learning and come out of the class with a much more complete understanding of the human body," Murphy said.

Murphy found LVC through a college recruiting app, and after being matched with the school, she was in contact with the ice hockey coaches and joined the team. She loves the sport and was very dedicated to her passion.

"I knew I wanted to go out of state somewhere, and the two other schools I was considering were both in Minnesota," Murphy said. "But after playing in the Boston Beantown tournament in 2018 and speaking with the LVC coaches, I knew LVC was the place for me."

She is currently doing her clinical rotation at Madden & Gilbert Physical Therapy in Hershey and is enjoying the experience.

"My clinical instructor has me



Photo by: godutchmen.com

ABOVE: Murphy saw action all four years.

talking to a lot of the patients and running them through their exercise programs as well as taking some measurements when applicable," she said. "It's nice to see how an outpatient setting might feel like when I graduate, and it makes me more sure that I chose the right major."

One of Murphy's most memorable extracurricular activities is theater, where she is a member of the student-run company, Wig & Buckle. During her time with the company, Murphy has served as company props master and has been on the executive board for two years.

She also has been involved in many productions including her most recent performance as the lead role in the play "She Kills Monsters." Murphy mentioned the sense of community among the cast and crew.

"During tech week, we're usually at rehearsal for about 5 hours, it's one of my favorite times because we finally get to see the show come together and it's always fun hanging out with the rest of the cast backstage," Murphy said.

After Murphy graduates, she plans to spend time in San Diego before pursuing physical therapy with the opportunity to travel across the U.S. and beyond.

Major league  
continued from page 5

has been able to experience many different scenarios. They will set him apart from other candidates as he continues his job search.

At his current role with the Toronto Blue Jays, Holemio is responsible for all pre-practice and pre-game prep and player care, covering both game and practice times.

His days start early at 6 a.m. when the staff gathers for meetings and prep work. He then covers the team practice that begins at 9 a.m. After practice, the team and staff to fuel up for the upcoming game.

Most games begin at 1 p.m. and last about two or three hours. Holemio and the staff are present in case any

players are injured or need additional care during game time. Once the game is finished, players visit the training staff for any post-game care.

Before leaving the stadium for the day, Holemio is responsible for submitting daily medical updates to the front office and coaching staff.

"My favorite part is interacting with the players and building relationships," Holemio said.

Being a part of an MLB organization is a dream come true that will hopefully lead to employment.

"I love being here and it's a rewarding place to be if you put the time and effort in," he said.

Holemio is an inspirational individual for undergraduate athletic training students. With his skillset, he will be a great asset to any team.



# Shooting for the stars: Collin Jones

JEVON GRIFFIN '24  
STAFF WRITER

Collin Jones, a senior digital communications major and captain of the men's basketball team, has done everything to leave his mark on the hardwood.

Jones is the epitome of LVC: a talented student-athlete who will get the job done in the classroom.

"I'm proud to graduate as a Dutchman," Jones said. "The life lessons and constant intake of valuable information is something that I will have with me forever."

After spending four years on campus, Jones emphasized that pre-COVID and post-COVID are two completely different college experiences, and he wouldn't trade them for anything.

"Every year I spent at LVC required growth and a steady work ethic," he said. "My experience was good, and I never had problems for the most part. We were part of a special group of college kids who got to experience something that doesn't happen often. That will make us better in the grand scheme of things."

On the court, Jones was named MAC Commonwealth Player of the Year as a sophomore, earned All-Region and All-District honors twice, was named

*Sticking to goal  
continued from page 5*

the honors of MAC Academic Honor Roll and MAC Academic All-MAC.

"If I had to describe my journey at LVC so far to somebody, I would tell them it has been fulfilling," Kiviniemi said. "I've had an amazing almost four years here and I know I'll be able to look back fondly on all of the memories I've made."

His experiences being an RA on campus, while also being able to serve the community and volunteer, have allowed Kiviniemi to feel closer to his peers and expand his network.

"Through the different aspects of athletics, being a member of SAAC, and getting involved in the community, I've been able to feel like I'm giving back to LVC and the people who have helped get me this far," Kiviniemi said.

Kiviniemi hopes to find a job as an athletic trainer at either a high school or college in the future. However, he still plans on finding some time to

to the City of Basketball Love All-Rookie Team his first year of college and to the All-Area first team his junior year. His career stats include: 1490 points, 702 rebounds, 93 Steals and 30 career double doubles.

"I wasn't always the best player growing up," Jones said. "The hard work finally showed when I got to Lebanon Valley, and I was happy to lead the team in any way that I could. I know that when I leave here, I'll have four groups of brothers that will have my back through anything."

Jones wants to play basketball professionally, but if that doesn't work out, he wants to get an inner-city job.

The accomplished senior will finish his academic career with a 3.0 GPA and credits professor Jaime Fettrow-Alderfer for pushing him to be great in the classroom and in life.

"My favorite class was definitely my Sports Journalism FYE," Jones said. "Jaime was a great person to me who was never afraid to keep it honest and truthful when it came to things happening in the world or in my life."

Though Collin Jones' time may be up at LVC, his legacy will be remembered for years to come.

stay in shape and maintain his spot on the roster of The Finnish National Men's Lacrosse Team.

Kiviniemi mentioned that it's important to work hard, but not lose sight of enjoying the journey along the way.



Photo by: La Vie Staff

ABOVE: Kiviniemi led the team in goals this year with 44 total.

# Batting & beating the odds

MEREDITH HAAS '24  
EDITOR

When looking for a college, students often base a decision on aspects most important to them. For one senior, the two main factors were baseball and an interest in statistics.

Conor Smith, a senior actuarial science major, wanted to play competitive baseball and wanted a strong academic program. LVC was able to offer him both.

"My decision to come to LVC was a combination of being able to play baseball and have an opportunity to be an active contributor all four years, accompanied by a strong actuarial science program," Smith said.

Knowing that he wanted a job that incorporated a lot of statistics, Smith landed in this challenging major.

"I've always really liked math, but my interest in statistics is because of the subjectivity it adds to math."

While the actuarial science program is known to be rigorous, having a genuine interest in what he was learning made Smith's toughest courses seem slightly less difficult.

Despite the difficulty of the subject, Smith recalls one of the best memories being passing his first Society of Actuaries (SOA) exam, Exam P, over winter break of his sophomore year. Perhaps this made his career choice seem that much more solidified.

Like many students currently at the college, Smith's four years at LVC were impacted by COVID-19.

"I missed the classroom environment and getting to build relationships with professors and fellow classmates," Smith said. "However, I was still able to build meaningful and lasting relationships with my teammates and some classmates."

Regardless of the impact that the pandemic had on Smith's time at LVC, the most impactful aspect of all four years was being a member of the baseball team.

"Playing baseball has made my time substantially better because I was able to have an established support system before even stepping foot on campus," Smith said. "It also provides a good escape from academic stress and has allowed me to better develop my leadership skills."

Smith has started all four years and has served as a team captain for two. In several seasons, he also had some

of the leading stats.

The most exciting part of Smith's time on the diamond came in 2022, when LVC baseball's hard work finally paid off—the team won the Middle Atlantic Conference Commonwealth (MACC) Championship.

"It was very special accomplishing that with such a good group of guys," Smith said. "We looked at each other like family, which made winning it all the better. We were able to put ourselves on the map as an important player in D3 baseball."

Conor and the team will look to repeat that accomplishment this season.

Outside of baseball, Smith has served as vice president of the Student-Athlete Advisory Committee (SAAC), as well as a tutor for actuarial science courses. He also enjoys playing the piano and trying other sports. To put it simply, Smith likes doing a little bit of everything.

As his time at LVC comes to a close, Smith is looking forward to beginning his job with Resolution Life in West Chester as an actuary. There, he'll be part of the valuation team, working on managing reserves for the company. His internship in the summer of 2022 allowed him an in with the company, which eventually led to a full-time position.

"Sometimes I wonder what it would be like to get the experience of attending a big school, but I would never trade my past four years because of the lifelong friendships that I've built."



Photo by: godutchmen.com

ABOVE: Smith served as team captain for two years.



# In Memorium Ben Siegfried '22

*July 25, 2000–March 10, 2023*

Ben was a former defensive tackle for LVC's football team finishing up his master's degree in athletic training and doing his clinical training with the St. Louis Battlehawks and D.C. Defenders of the XFL. He passed away in March of this year in Arlington, Texas, at the age of 22.

He will be deeply missed by the LVC and XFL communities and by teammates, friends, family, staff and coaches alike.



Photo by: Facebook / Ben Siegfried



Photo by: Alice Thorsen

"We all need to strive to be a man like Ben Siegfried. Ben loved being a great teammate and his teammates loved him, too. Ben represented everything we want a Dutchman football player to be."

**Joe Buehler, Head LVC Football Coach**



Photo by: J.R. Drake

"The way he carried himself, it didn't matter who you were or how he met you, Ben was always smiling and genuinely tried to get to know you. I respect the way he worked hard to succeed in every area of his life, especially when it came to following his passion."

**Zach Kelly, Fellow LVC Athletic Trainer**

## #BELIKEBEN

"Seeing him interact with others was always so genuine—that compassion and care for another person shone through during my interactions with him. He loved people and people loved being around him. In class he loved the interactive practice of clinical skills because he was able to engage with others rather than sit in silence during lectures. He was so much fun to be around, he just lived life to the fullest and did everything that brought him joy."

**Dr. Eva Frank, AT Chair and Program Director**



Photo by: Alice Thorsen

"Ben is the most genuine and caring guy I know. He made friends within seconds because he had a contagious laugh and smile. He was a big teddy bear and the greatest of friends. Words cannot come close to describing how great of a person he was. I do not know anyone else who lights up a room the way Ben did."

**Pablo Aviles Bernal, Former teammate and roommate**

**Ben will be given a Master of Athletic Training degree In Memoriam at LVC's Commencement Ceremony on Saturday, May 13.**

**He was in his last semester, serving his final clinical requirement. His hard work and dedication to his studies, his sport and to the LVC community will be celebrated along with his peers'.**

### La Vie Collegienne Staff

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