

LA VIE COLLEGIENNE

LEBANON VALLEY COLLEGE'S STUDENT RUN NEWSPAPER SINCE 1924

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Swim don't sink: LVC introduces Starfish

JOSH HILDEBRAND '22
STAFF WRITER

This semester, LVC launched its new student success platform -- Starfish.

Starfish has a variety of handy features to ensure students have access to resources apt to help them succeed. Beth Julian, assistant dean of student success and retention, said the program's variety of features is what lead LVC to adopt it.

"Student success and retention is always our top priority," Julian said. "Starfish has so many capabilities, including appointments, office hours, a complete list of student services, the

ability to 'raise your hand' and ask for help and much more."

Julian also works in the Center for Academic Success and serves as the lead advisor for exploratory majors. The main responsibility of her position entails frequent student interactions, the goal of which being to ensure students are granted the ability to reach their full academic potential.

"We are on week two of a full-campus rollout, and already I can see how easy it is to communicate with students and with those in a student's success network," Julian said. "Starfish is a one-stop shop for help and connects the campus community so

that LVC students are supported academically, socially and emotionally."

Previously, LVC relied on a "home-grown" program to keep track of students in need of aid. While that program was largely effective during its use, Starfish makes tasks easier for students and professors.

"When professors previously made CARE referrals, it was difficult to close the loop when a student issue was resolved or addressed," Julian said. "Since professors can see who has a stake in the student's success, as shown in their success network, they can create a more holistic approach to helping students."

The main challenge posed by switching from a well-known program to a new one is adaptation. Julian is quite pleased with the embrace of the new program.

"Learning a new program isn't easy by any means, and launching Starfish means shifting how we think about student support," Julian said. "Professors seem to appreciate that Starfish is user-friendly and easy to navigate."

While it is too early to tell exactly how big of a splash Starfish will make, the future of the program is bright.

New brew on campus

HANNAH SHIREY '23
ASSISTANT EDITOR

Between mask-wearing, virtually attending events and quarantining, the COVID-19 pandemic has changed how students live and learn. Yet, it's the fact that LVC now serves Starbucks coffee that has students talking.

For as long as most LVC students can remember, Bishop Brews, the coffee shop in the Vernon & Doris Bishop Library, and InterMetzo, the coffee shop in the Clyde A. Lynch Memorial Hall, served Peet's Coffee. Ordering

hot or iced coffee drinks topped with whip cream and drizzle was a part of many LVC students' daily routines.

However, this school year, a surprise greeted LVC students. Bishop Brews and InterMetzo will now serve Starbucks coffee.

The reasoning behind the shift from Peet's Coffee to Starbucks isn't extremely clear, but Sherry Brandt, a barista at InterMetzo, explained that students were requesting Starbucks coffee on campus.

"We're happy the students are happy," Brandt said. "Although it is a big change, we will catch on quickly."

Starbucks has been quite a hit thus

far, with business at InterMetzo and Bishop Brews on an upward trend. Brandt says the most popular drink order has been the iced caramel macchiato.

Students can purchase Starbucks drinks from InterMetzo and Bishop Brews using their flex dollars, cash or card.

"I definitely prefer Starbucks coffee, and I am much more familiar with their menu," Denise McMaster, a junior economics major, said.

Both locations still serve other food and accept meal exchanges Monday - Friday from 11 a.m. - 1 p.m. InterMetzo also does dinner

meal exchanges Monday - Thursday from 5 p.m. - 7 p.m.

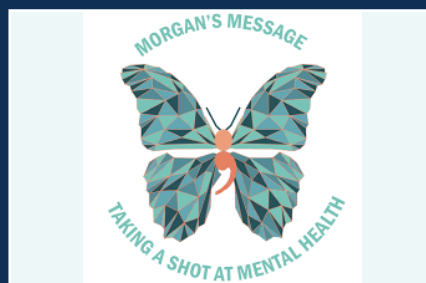
"I am just really happy they still serve the breakfast sandwiches," McMaster said.

InterMetzo and Bishop Brews are still run by mostly the same staff too, despite the jump from Peet's Coffee to Starbucks.

"I am so glad it's the same staff, they are so sweet, and they are there for me every morning when I get my coffee," McMaster said.

Brandt's favorite Starbucks drink is the mocha Frappuccino, while McMaster's favorite is the white mocha latte.

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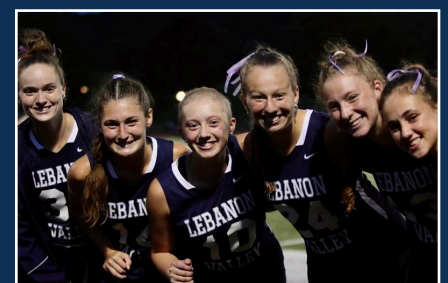
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Largest class in LVC history

JORDAN WALTER '24
STAFF WRITER

LVC welcomed its largest first-year class with a total of 479 students.

One of the main reasons why LVC has achieved such a high number of incoming first-year students is from the College's recruiting efforts through the COVID-19 pandemic. LVC was one of few schools that stayed open through the pandemic and offered campus tours.

"We kept our business continuity through the pandemic," Ed Wright, vice president of enrollment management, said. "Students and families were very appreciative of the oppor-

tunity to come and see the school."

Because of the pandemic, many 2020 high school graduates decided to take a gap-year before starting college. As a result, enrollment was lower last year.

Support from alumni and alumni-related scholarships may have also contributed to the class size; these scholarships are given to students who are referred to LVC by alumni.

"We had a lot more referrals this year than we've had in previous years," Wright said.

Success from LVC's physical therapy program and the Arnold Health Professions Pavilion have become a great selling point for incoming students

as well.

"The PT program was at a whole other level than all the other schools that I had visited," Abby Souder, a first-year physical therapy major, said.

The school was expecting a class of 500 students, but by the time the fall semester started, the number decreased to 479 because of melt or the natural decrease of student enrollment.

"I think it's for a variety of reasons," Wright said. "The major one is just some anxiety. A lot of students were still second-guessing going to school during a pandemic."

In addition, the school welcomed 35 transfer students at the start of the

semester, bringing the total number of students to 514.

The school prepared faculty and staff for the volume of the class of 2025. The biggest change occurred in class sizes, especially for first-year experience classes. Other than increases in class sizes, LVC was able to accommodate the enrollment increase.

"It's not just the admissions office that gets this done," Wright, said. "It's definitely a collaboration of many units on campus."

LVC hopes to continue to welcome as many students as they can with the help of their faculty, staff and athletics.

New club offers safe space

BAILEY DILLS '22
STAFF WRITER

The movement to eliminate the stigma surrounding mental health is growing stronger, including here on campus.

Morgan's Message is at the forefront, illuminating the path toward mental well-being for student-athletes. Morgan Rodgers, a Duke University women's lacrosse player, died by suicide in 2019. This initiative was created by her family and friends to provide a safe place for all those potentially suffering in silence.

More than 227 high schools and collegiate campuses have adopted the education program; LVC is one of them.

"I know this program can really help change lives," Rachel Perla, LVC women's lacrosse coach, said.

As a former athlete, Perla understands the true struggles that some athletes endure, and she hopes to normalize these hard conversations. Stressors can feel insurmountable, but groups like Morgan's Message make mental stability attainable. It's an important goal for Perla, who is also working towards a master's degree in mental health counseling.

The student-led organization will meet once a month, and an elected board of directors will receive additional training. Perla is giving young adults at LVC a new, collective voice.

"We want students to feel support-



Photo provided by: Morgan's Message
ABOVE: Morgan's Message logo

ed and empowered to take care of themselves," Perla said, regarding the project's purpose.

Members, free to simply sit and listen, will learn identification signs, intervention treatments, coping mechanisms and a multitude of new leadership skills.

Although the club is geared toward athletes, anyone is free to join. The ultimate goal is to equalize the gap between physical and mental illness. Together, coaches, teammates and friends will formulate a web of support, sharing similar experiences and thoughts. Nobody is ever alone.

Students can join on Instagram @morgans_message_lvc or contact Coach Perla at perla@lvc.edu. Check out <https://morgansmessage.org/> for more information and to read about Morgan's story.

Metz in need of workers

JAMES ZILINSKI '22
STAFF WRITER

The national labor shortage is showing itself on campus as Metz struggles to find workers.

Metz has been forced to reduce hours at Dutchmen Den and Inter-Metzo; both locations provide on-the-go food and drink options for LVC students.

"We plan on this being a temporary problem," Dan Shadoin, general manager of Metz, said. "As soon as we can recruit and train additional staff, we will return to full operations."

In the meantime, Shadoin apologized to students for the inconvenience. Metz employees are currently working overtime to keep services running as smoothly as possible, but the worker

shortage is not the only problem impacting Metz this semester.

"We are also seeing shortages in the supplies we normally purchase," Shadoin said.

As a result, some food options may not always be available. While this may be out of Metz's control, the worker shortage is not. Metz is hiring student workers for retail, catering, dining and kitchen operations.

"We pay \$12 an hour and each LVC employee gets an additional \$1 per hour in Flex Dollars," Shadoin said.

Day, evening, catering and weekend shifts are available. LVC students are able to work up to 20 hours per week. Any interested students can visit metzlvc.com/student-opportunities for more information.

Office of Intercultural Affairs welcomes new staff

HANNAH SHIREY '23
ASSISTANT EDITOR

The LVC community is looking forward to the addition of new staff in the Office of Intercultural Affairs.

The Office of Intercultural Affairs and Inclusive Programming provides student support and campus-wide programming based on diversity, inclusion, equity and equity-mindedness.

For the start of the 2021-2022 ac-

ademic year, the Office has been vacant. However, that all changes in October when Dr. Felicia Brown-Haywood joins the College.

In early September, Brown-Haywood was appointed as the first Associate Vice President of Diversity, Equity, Inclusion, and Institutional Success at LVC.

Brown-Haywood is a lifelong resident of Pennsylvania. She is familiar

The Pride returns to The Valley

KAYLEIGH JOHNSON '22
EDITOR IN CHIEF

The Pride of the Valley, LVC's marching band, has been practicing its show since before the semester even began.

The band consists of more than 130 students across many different majors. For one environmental science major, Shannon Peachey, this will be the last year she is able to call the largest marching band in the Middle Atlantic Conference home.

Peachey has been involved with the marching band since she arrived at LVC as a freshman in 2018, except last year due to the COVID-19 pandemic. She is excited to be back on campus and marching with her fellow Dutchmen once again.

"This is a great show to end my marching band career with," Peachey said. "The music is fun and exciting with



Photo provided by: Nathan Lewis

ABOVE: Marching band practicing in Lutz Hall.

some really cool brass parts."

In addition to game performances, the band also performs at a variety of competitions and shows across Pennsylvania. One such competition is the Cavalcade of Bands Championships in Hershey. In 2021, this championship

will be held Saturday, Nov. 13, and Sunday, Nov. 14, in the Hersheypark Arena.

The Pride can also be found helping to run an annual summer band camp. The camp persisted even in 2020, when it was held virtually due to the pandemic.

The marching band performs both pregame and halftime shows during home football games. Members have been gearing up to share it with the campus. The show's theme is "The Art of Movement."

In Peachey's words, "The sets we move to are really powerful. I love how marching band tells a story, and I think we tell a really strong story through our music and sets."

The next chance to see the Pride of The Valley perform is Saturday, Oct. 9, at Arnold Field. They will perform both their customary pregame and halftime shows. The football game starts at noon.

The Pride of The Valley will also perform on Saturday, Oct. 16, at 1 p.m. The game against Alvernia is part of a week-end of Homecoming festivities.

LVC Green Blotter fuels editorial dreams

KELLY FRAINE '23
STAFF WRITER

Writing. It's not a hobby, it's a lifestyle, and for many, a livelihood.

Students might find themselves wandering into the world of creative craft, intrigued by its pull of endless possibilities. For any LVC college student looking to pursue a creative career, the "Green Blotter" literary magazine is the perfect place to start.

"Green Blotter provided me with an opportunity to gain valuable career experience in publishing and editing without even leaving campus," Lauren Walters, a senior English and creative writing double major, said.

Founded in 1933, "Green Blotter" is LVC's student-run literary magazine that seeks to provide a space to publicize the creative works of undergraduate students, in the areas of fiction, poetry, creative nonfiction and the visual arts.

Participation provides students with the opportunity to attain real-life experience in professional areas inclusive of publishing, advertising, editorial work and web design, all skills that make for an outstanding resume. However, there is more to the

magazine than just another gold star on a résumé.

"Joining Green Blotter means working with a team of passionate and dedicated students to produce a physical product," Walters said. "It's such an enriching experience to work on something you're passionate about with a group of people who share that passion and then finally be able to have a tangible representation of this, the published magazine, at the end of the year."

The literary magazine not only presents students with a hands-on work environment, but also a close-knit literary community consisting of peers with equal interests. The majority of the content building process is student-led, with current LVC undergraduates manning the editorial positions, ensuring that all student voices are heard and considered for every decision.

"Green Blotter" is currently accepting submissions from undergraduate students everywhere; be sure to visit its website for more information: lvc.edu/greenblotter/

Bishop Library offers new resources

ANNIE STEINFELT '24
STAFF WRITER

Vernon & Bishop Library is full of life once again as the new semester begins, offering students an abundance of resources.

With students back and anxious to get into the swing of things, the first few weeks at the library are hectic. The incoming first-year students have begun their search across campus for quiet study spaces to complete their work. But, they will not have to look far.

Bishop library offers various resources to help students with their academic work, including books in all formats, study rooms for independent and group study, technology that may be used or checked out by students, hundreds of databases for research and, best of all, a team of librarians who are always happy to help. And this semester, a new employee has joined the team.

"I chose the library because it's different than what I'm used to," Katy Moyer, LVC's new library technician, said.

Moyer was born and raised in Lebanon, Pennsylvania. She is working

towards her practical nursing certificate at Harrisburg Area Community College and is currently taking classes for a degree in general studies as well. She has always worked in childcare or healthcare, so the library is indeed a change of scenery for her.

Moyer is tasked with supervising student workers and processing books. Though these tasks are much different than caring for children or the elderly, her work behind the scenes will not go unappreciated by students.

Moyer and the other staff members aim to provide students with the materials and advice they need regarding books, research and coursework.

The library also offers a new video streaming database called Academic Videos Online (AVON), which gives LVC students access to thousands of curriculum-related videos that may aid them in their studies or research.

Whether one is looking for a quiet place to study, seeking advice for the research process from a staff member or simply looking for a good book, students are always encouraged to visit the library and utilize the many resources available.

Volleyball's new head coach



Photo provided by: Athletic Communications

ABOVE: LVC women's volleyball's new head coach Scott Reynolds.

KAITLYN METZ '22
STAFF WRITER

LVC has a new head coach leading the women's volleyball team.

Scott Reynolds was chosen to join the coaching staff in August. Reynolds has coached volleyball at all levels for nearly 20 years. He's been very successful in the past, winning championships and individual awards.

His most recent DIII position was the head coach at Dickinson College. Since then, he has been coaching a club team in Camp Hill, until finding his way to LVC.

"I chose LVC because of the long-standing tradition that they have in volleyball in the area," Reynolds said.

The volleyball season has begun for the Dutchmen, and Reynolds is working hard to guide and build up the young team to make them the best they can be.

"We have a tough schedule, but it's good for our team to see the high level of competition," Reynolds said.

Reynolds is hopeful the team will come together and play hard.

"The girls have impressed me, and the LVC community has been very welcoming," Reynolds said. "I'm looking forward to the rest of the season."

The team plays a conference game against Hood College in the Sorrentino Gymnasium on Wednesday, Oct. 6, at 7 p.m.

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with central Pennsylvania, having spent the last couple of years working at Millersville University as Chief Diversity Officer.

She will bring a wealth of practical experience in developing effective strategies that support the success of underrepresented members of the LVC community.

"I am confident that her expertise and leadership will advance LVC as an inclusive community that values our differences," Dr. James MacLaren, LVC president, said.

Brown-Haywood will help lead the College's efforts in inclusive excellence around programming, education and mentoring. She will be an ally and advocate for all students on campus.

The newly appointed Associate Vice President of Diversity, Equity, Inclusion, and Institutional Success plans on doing a lot of listening once she gets to campus. She intends on being extremely visible and accessible to all students, especially those who are in the minority.

"I am excited for our faculty, students and staff to get to know her," MacLaren said.

keep up with all things

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Crush Cancer Games



Photo provided by: Athletic Communications

ABOVE: LVCFH honored Abbie Keath and her return to field hockey after finishing chemotherapy this August.



Photo provided by: Hannah Shirey

ABOVE: The field hockey team sold "Crush Cancer" t-shirts to raise money for the Leukemia & Lymphoma Society.

HANNAH SHIREY '23
ASSISTANT EDITOR

The field hockey team hosted "Crush Cancer Games" in honor of Abbie Keath, a junior forward on the team.

Keath was diagnosed with Hodgkin's Lymphoma earlier this year. She recently completed her chemotherapy treatments in August.

The evening began with a game between McCaskey and ELCO, Keath's high

school. The Dutchmen then took on No. 5 Messiah at 7 p.m.

Although the team suffered a tough 4-1 loss, the night was still victorious as money was raised for The Leukemia & Lymphoma Society. The team sold hundreds of t-shirts to fans and students.

"I am beyond thankful for everyone who took on the rain and came out to support me and my team," Keath said.

The field hockey team plays against No. 4 Kean University at 7 p.m. on Sept. 30 at the Arnold Field.

Volunteer opportunity



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More details on Redbook, email liedtka@lvc.edu with questions